

You are invited to participate in a study to understand adolescent behaviours. Your participation in this study is highly valued but entirely voluntary, and you have the right to withdraw at any time without facing any consequences. The information collected will be kept confidential, and all data will be anonymized to ensure privacy. The data will be used solely for research purposes.

If you belong to the age group 11-17 years, please fill in the details given below:

Demographic Details

Name:

Age:

Gender:

Area of Residence: a) Urban b) Rural

Area of School: a) Urban b) Rural

Name of School:

Class studying in:

Mother's Occupation:

Father's Occupation:

K-GSADS-A

0 = Never, 1 = Mild, 2 = Moderate, 3 = Severe/ Total Avoidance

Sr. No.	Item	Discomfort, Anxiety, Distress (0-3)	Avoidance (0-3)
1	Initiating conversation with a member of the opposite sex		
2	Attending a party or other social gathering with people you don't know very well		
3	Speaking up, answering questions in class/participating in class discussions		
4	Presenting in front of a small group or in a classroom setting		
5	Attending overnight group activities such as camps, school trips, etc.		

6	Speaking to a store clerk, bank teller, etc		
7	Asking a stranger for directions		
8	Changing in a common locker room		
9	Showering in a common shower room		
10	Using a public toilet facility or urinating in public (score whatever is greater)		
11	Telephoning to ask for information or to speak to someone you don't know very well (score whatever is greater)		
12	Entering a classroom or social group once the class or activity is already underway		
13	Initiating conversation with strangers		
14	Speaking with authority figures: i.e. teachers, counselor, principal, police officers, clergy, physician, etc.		
15	Eating in public		
16	Going to a party alone		
17	Asking someone for a date		
18	Writing your name in public		

In general, how strongly do these items occur to you in most social situations?

Scoring: 0 = Never; 1 = Mild; 2 = Moderate; 3 = Severe/Total Avoidance

Sr. No.	Item	Score (0-3)
1	Feeling embarrassed or humiliated	
2	Feeling 'centered out', scrutinized by others	
3	Feeling judged or critically evaluated by others	
4	Wanting to leave the social situation	
5	Anxious anticipation of social situation	
6	Experiences a panic attack	
7	Blushes	
8	Sweats or hot/cold flashes	
9	Urination urges	
10	Gastrointestinal distress	
11	Trembling or shaking	

BWAQ

Rate each of the following items in terms of how characteristic they are of you.

Sr. No	Item	Not at all like me (1)	A little like me (2)	Somewhat like me (3)	Very much like me (4)	Completely like me (5)
1	My friends say that I argue a lot.					
2	Other people always seem to get the breaks.					

3	I flare up quickly, but get over it quickly.				
4	I often find myself disagreeing with people.				
5	At times I feel I have gotten a raw deal out of life.				
6	I can't help getting into arguments when people disagree with me.				
7	At times I get very angry for no good reason.				
8	I may hit someone if he or she provokes me.				
9	I wonder why sometimes I feel so bitter about things.				
10	I have threatened people I know.				
11	Someone has pushed me so far that I hit him or her.				
12	I have trouble controlling my temper.				
13	If I'm angry enough, I may mess up someone's work.				
14	I have been mad enough to slam a door when leaving someone behind in the room.				
15	When people are bossy, I take my time doing what they want, just to show them.				
16	I wonder what people want when they are nice to me.				
17	I have become so mad that I have broken things.				
18	I sometimes spread gossip about people I don't like.				
19	I am a calm person.				
20	When people annoy me, I may tell them what I think of them.				
21	I sometimes feel that people are laughing at me behind my back.				

22	I let my anger show when I do not get what I want.				
23	At times I can't control the urge to hit someone.				
24	I get into fights more than most people.				
25	If somebody hits me, I hit back.				
26	I tell my friends openly when I disagree with them.				
27	If I have to resort to violence to protect my rights, I will.				
28	I do not trust strangers who are too friendly.				
29	At times I feel like a bomb ready to explode.				
30	When someone really irritates me, I might give him or her silent treatment.				
31	I know that "friends" talk about me behind my back.				
32	Some of my friends think I am a hothead.				
33	At times I am so jealous I can't think of anything else.				
34	I like to play practical jokes.				

ARQ- Risk Behaviour Scale

Following are some behaviours in which you may or may not engage in. Please read them carefully and mark your agreement in the answer sheet provided. Respond to each statement which is true to your life. There are Five (5) possible answers provided for each question viz: 1) Would never do 2) Would hardly ever do 3) Would do sometimes 4) Would do often and 5) Would do very often. Select one among them for each question and put a 'X' mark in the corresponding number in the answer sheet.

Sr. No.	Behaviours	Would never do (0)	Would hardly ever do (1)	Would do sometimes (2)	Would do often (3)	Would do very often (4)
1	Snow Skiing					
2	Tao Kwon Do Fighting					
3	Inline Skating					
4	Parachuting					
5	Entering a Competition					
6	Flying a Plane					
7	Leaving School					
8	Underage Drinking					
9	Smoking					
10	Getting Drugs					
11	Taking Drugs					
12	Staying Out Late					
13	Drinking and Driving					
14	Stealing Cars and Going for Joy Rides					
15	Having Unprotected Sex					
16	Speeding					
17	Driving without License					
18	Overeating					
19	Teasing and Picking on People					
20	Cheating					
21	Talking to Strangers					
22	Sniffing Gas or Glue					