

# Informe de originalidad

NOMBRE DEL CURSO

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NOMBRE DEL ARCHIVO

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25 sept. 2020

## Resumen

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Fragmento del Manus

MARCADO

Background: **The objective of this study was to analyze the psychometric properties of the** ORTO-15 questionnaire, for **the** Mexican population in university students. This questionnaire was designed...

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Juan Ramón Barrada at University of Zaragoza ... Thus, **the main objective of the present study was to analyze the psychometric properties of the** Spanish adaptation of **the** ORTO-15. ... The...  
(PDF) Measuring Orthorexia Nervosa: Psychometric  
... [https://www.researchgate.net/publication/318571337\\_Measuring\\_Orthorexia\\_Nervosa\\_Psychometric\\_Limitations\\_of\\_the\\_ORTO-15](https://www.researchgate.net/publication/318571337_Measuring_Orthorexia_Nervosa_Psychometric_Limitations_of_the_ORTO-15)

2 de 62 fragmentos

Fragmento del Manus

MARCADO

...important to consider the influence of the Mexican culture. **Its use is expected to contribute significantly to a better understanding of the impact this** behavior has on the Mexican population.

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Our results support the psychometric properties of the proposed Spanish shortened-version of the ORTO-15 as being a reliable tool for assessing orthorexia nervosa. **Its use is expected to** greatly ...

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

3 de 62 fragmentos

Fragmento del Manus CITADO

**A pathological obsession with** a correct **nutrition, characterized by a restrictive diet**, a **ritualized and rigid** eating pattern, avoiding the consumption **of** certain **foods** that are considered **impure** or...

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for good health, foods to restrict for good health, and appropriate portion size and frequency. ... Orthorexia nervosa describes **a pathological obsession with** proper **nutrition** that is **characterized by**...

Importance of Assessing Nutritional Health in Patients with MS <https://cmscscholar.org/wp-content/uploads/2020/06/Bostick-Assessing-Nutritional-Health-FINAL.pdf>

4 de 62 fragmentos

Fragmento del Manus CITADO

**OCD** include **recurrent** and **intrusive thoughts about food and health**, an exaggerated **concern** around pollution **and impurity**, **and a great need to** organize **food and eat in a ritualized**

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With regard to overlap with **OCD**, orthorexic individuals manifest certain obsessive-- compulsive tendencies: **recurrent, intrusive thoughts about food and health** at inappropriate times, inflated **concern**...

The clinical basis of orthorexia nervosa: emerging perspectives <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4340368/>

5 de 62 fragmentos

Fragmento del Manus MARCADO

...to eat in a disorderly manner. Given that while **individuals with AN** alter **their eating patterns in order to lose weight** due to their concern with body image and fear...

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The most significant difference between orthorexia and anorexia is the motivation for disordered eating. In anorexia, **individuals** are preoccupied **with** body image and fear of obesity, altering **their**...

The clinical basis of orthorexia nervosa: emerging perspectives <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4340368/>

6 de 62 fragmentos

Fragmento del Manus MARCADO

...the food and not on the quantity. Likewise, while **individuals with AN** **tend to hide their** behavior, **individuals with ON** **are more likely to** exhibit **their habits**.

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In orthorexia, individuals adopt eating habits given a desire to be healthy, natural, or pure, entertaining unrealistic, if not magical, beliefs about certain foods. Anorexic **individuals tend to hide**...

The clinical basis of orthorexia nervosa: emerging perspectives <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4340368/>

7 de 62 fragmentos

Fragmento del Manus CITADO

Finally, **with respect to OCD, the most significant difference is that the content of the obsessions in the ON is perceived as ego-syntonic** instead of ego-dystonic (Cena et al., 2018; Dell'Osso et...

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Anorexic individuals tend to hide their behaviors, whereas orthorexic individuals are more likely to flaunt their habits. **With regard to OCD, the most significant difference is that the content of...**

The clinical basis of orthorexia nervosa: emerging perspectives <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4340368/>

8 de 62 fragmentos

Fragmento del Manus CITADO

**far the instruments have been developed with this objective in mind: the Bratman test (BOT) without validation studies; the ORTO-15 test, the Eating Habits**

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As **far** as we know, three **instruments have been developed with this goal in mind**: Bratman's test (Bratman & Knight, 2000), with no **validation studies; the ORTO-15** test (Donini, Marsili, Graziani,...

Measuring Orthorexia Nervosa: Psychometric Limitations of  
... <https://www.cambridge.org/core/product/0D42FBD04E03E7B1A546D0642AB172DA/core-reader>

9 de 62 fragmentos

Fragmento del Manus CITADO

...most widely used instrument in studies related to ON. **In a way, it has been considered the gold standard in the evaluation of ON, regardless of its psychometric properties**

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Until now, the ORTO-15 has been translated and validated **in** several languages, and **it has been** used in most of the studies in the field because it was **considered the gold-standard in the assessment of...**

Measuring Orthorexia Nervosa: Psychometric Limitations of  
... <https://www.cambridge.org/core/product/0D42FBD04E03E7B1A546D0642AB172DA/core-reader>

10 de 62 fragmentos

Fragmento del Manus CITADO

**The** questions address **three** dimensions that are: a) rational cognitive area (questions: **1, 5, 6, 11, 12 and 14**), b) clinical area (questions: 3,7, **8, 9 and 15**) and c) **emotional** area (questions: 2,4, ...

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The ORTO-15 questionnaire was originally developed in Italian. It is a tool consisting of 15 self-report multiple-choice items with **the** use of a Likert-Scale (always, often, sometimes, never) to...

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

11 de 62 fragmentos

Fragmento del Manus CITADO

**The ORTO-15 has been translated and validated in** several **languages**: Turkish, Portuguese, Hungarian, Polish, German **and** Spanish (Barcelos, Montagner & Montagner, 2014; Cena **et al.**, 2018, Roncero **et al.**

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**The ORTO-15** questionnaire was originally created in Italian, and it **has been translated and validated in various languages**: Turkish (Arusoğlu, Kabakçı, Köksal, & Kutluay Merdol, Reference Arusoğlu,...

12 de 62 fragmentos

Fragmento del Manus CITADO

**all the translated versions of the** ORTO-15 have eliminated one or more questions **to increase** the **validity and internal reliability of the original** questionnaire, which has led **to** shortened versions...

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**All translated versions of the** original ORTO-15 questionnaire deleted various items **to increase validity and internal reliability of the original** ... of the Minnesota Multiphasic Inventory [22] and...

When Eating Right, Is Measured Wrong! A Validation and ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4539204/>

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13 de 62 fragmentos

Fragmento del Manus MARCADO

**score** of 40 points or less means that there is a presence of a pathological behavior characterized by a strong concern for healthy eating; **however**, the score **does not imply having a mental health**...

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Orthorexia nervosa is characterized by a “fixation on eating healthy food” and an obsession for ... behaviour characterized by a strong preoccupation with healthy eating. The **score however does not**...

Orthorexia nervosa and self-attitudinal aspects of body image in ... <https://europepmc.org/article/med/25774296>

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14 de 62 fragmentos

Fragmento del Manus MARCADO

**is to examine** the **obsessive behavior** of a person with respect **to** the **selection** of foods, their **preparation and consumption habits, as well as attitudes towards food**

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It **is used to examine obsessive behavior** related **to** food **selection, preparation and consumption habits, as well as attitudes towards** healthy food. The lower the score, the higher the indication of...

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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15 de 62 fragmentos

Fragmento del Manus MARCADO

**7.- Does the thought about food worry you for more than three hours a day?**

[Mejor coincidencia en la Web](#)

Estaría dispuesto a gastar más por una alimentación más sana? 7) **Does the thought about food worry you for more than three hours a day?** 7.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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16 de 62 fragmentos

Fragmento del Manus MARCADO

**3.- In the last 3 months, did the thought of food worry you?**

[Mejor coincidencia en la Web](#)

Cuando usted entra a una tienda de alimentos ¿se siente confundido? 3) **In the last 3 months, did the thought of food worry you?** 3.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

17 de 62 fragmentos  
Fragmento del Manus MARCADO

**4.- Are your eating choices conditioned by your worry about your health status?**

[Mejor coincidencia en la Web](#)

En los últimos 3 meses ¿pensar en la comida ha sido una preocupación? 4) **Are your eating choices conditioned by your worry about your health status?** 4.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

18 de 62 fragmentos  
Fragmento del Manus MARCADO

**12.- Do you think that consuming healthy food may improve your appearance?**

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Considera que el consumo de alimentos saludables modifique su estilo de vida (frecuencia restaurante, amigos,... )? 12) **Do you think that consuming healthy food may improve your appearance?** 12.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

19 de 62 fragmentos  
Fragmento del Manus MARCADO

**6.- Are you willing to spend more money to have healthier food?**

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Es el sabor el principal criterio a la hora de determinar la calidad del alimento? 6) **Are you willing to spend more money to have healthier food?** 6.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

20 de 62 fragmentos  
Fragmento del Manus CITADO

**11.- Do you think that eating healthy food changes your life-style (frequency of eating out, friends, ...)?**

[Mejor coincidencia en la Web](#)

Considera que estando convencido de que consume alimentos saludables aumenta su autoestima? 11) **Do you think that eating healthy food changes your life-style (frequency of eating out, friends ...)?...**

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

21 de 62 fragmentos  
Fragmento del Manus MARCADO

**10.- Do you think that the conviction to eat only healthy food increases self-esteem?**

[Mejor coincidencia en la Web](#)

Considera que su estado de humor influye en sus hábitos de alimentación? 10) **Do you think that the conviction to eat only healthy food increases self-esteem?** 10.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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22 de 62 fragmentos  
Fragmento del Manus MARCADO

14.- **Do you think that on the market there is also unhealthy food?**

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Se siente culpable cuando se salta su régimen? 14) **Do you think that on the market there is also unhealthy food?** 14.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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23 de 62 fragmentos  
Fragmento del Manus MARCADO

2.- **When you go in a food shop do you feel confused?**

[Mejor coincidencia en la Web](#)

Cuándo come, se fija en las calorías de los alimentos? 2) **When you go in a food shop do you feel confused?** 2.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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24 de 62 fragmentos  
Fragmento del Manus MARCADO

1.- **When eating, do you pay attention to the calories of the food?**

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Translation ORTO-15 (version) into Spanish. 1) **When eating, do you pay attention to the calories of the food?** 1.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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25 de 62 fragmentos  
Fragmento del Manus MARCADO

15.- **At present, are you alone when having meals?**

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Cree usted que en el mercado también hay alimentos poco saludables? 15) **At present, are you alone when having meals?** 15.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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26 de 62 fragmentos  
Fragmento del Manus MARCADO

8.- **Do you allow yourself any eating transgressions?**

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Pensamientos por una alimentación sana, ¿le preocupa más de tres horas al día? 8) **Do you allow yourself any eating transgressions?** 8.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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27 de 62 fragmentos

Fragmento del Manus MARCADO

9.- **Do you think your mood affects your eating behavior?**

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se permite alguna trasgresión alimentaria? 9) **Do you think your mood affects your eating behavior?** 9.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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28 de 62 fragmentos

Fragmento del Manus MARCADO

**When eating, do you pay attention to the calories of the food?**

[Mejor coincidencia en la Web](#)

Translation ORTO-15 (version) into Spanish. 1) **When eating, do you pay attention to the calories of the food?** 1.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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29 de 62 fragmentos

Fragmento del Manus MARCADO

**When eating, do you pay attention to the calories of the food?**

[Mejor coincidencia en la Web](#)

Translation ORTO-15 (version) into Spanish. 1) **When eating, do you pay attention to the calories of the food?** 1.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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30 de 62 fragmentos

Fragmento del Manus MARCADO

**When you go in a food shop do you feel confused?**

[Mejor coincidencia en la Web](#)

Cuándo come, se fija en las calorías de los alimentos? 2) **When you go in a food shop do you feel confused?** 2.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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31 de 62 fragmentos

Fragmento del Manus MARCADO

**In the last 3 months, did the thought of food worry you?**

[Mejor coincidencia en la Web](#)

Cuando usted entra a una tienda de alimentos ¿se siente confundido? 3) **In the last 3 months, did the thought of food worry you?** 3.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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32 de 62 fragmentos

Fragmento del Manus MARCADO

**Are your eating choices conditioned by your worry about your health status?**

[Mejor coincidencia en la Web](#)

En los últimos 3 meses ¿pensar en la comida ha sido una preocupación? 4) **Are your eating choices conditioned by your worry about your health status?** 4.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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33 de 62 fragmentos  
Fragmento del Manus MARCADO

**Are you willing to spend more money to have healthier food?**

[Mejor coincidencia en la Web](#)

Es el sabor el principal criterio a la hora de determinar la calidad del alimento? 6) **Are you willing to spend more money to have healthier food?** 6.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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Fragmento del Manus MARCADO

**Does the thought about food worry you for more than three hours a day?**

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Estaría dispuesto a gastar más por una alimentación más sana? 7) **Does the thought about food worry you for more than three hours a day?** 7.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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35 de 62 fragmentos  
Fragmento del Manus MARCADO

**Do you allow yourself any eating transgressions?**

[Mejor coincidencia en la Web](#)

Pensamientos por una alimentación sana, ¿le preocupa más de tres horas al día? 8) **Do you allow yourself any eating transgressions?** 8.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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36 de 62 fragmentos  
Fragmento del Manus MARCADO

**Do you think your mood affects your eating behavior?**

[Mejor coincidencia en la Web](#)

se permite alguna trasgresión alimentaria? 9) **Do you think your mood affects your eating behavior?** 9.

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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37 de 62 fragmentos  
Fragmento del Manus MARCADO

**Do you think that the conviction to eat only healthy food increases self-esteem?**

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Considera que su estado de humor influye en sus hábitos de alimentación? 10) **Do you think that the conviction to eat only healthy food increases self-esteem?** 10.



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Fragmento del Manus CITADO

**Do you think that eating healthy food changes your life-style (frequency of eating out, friends, ...)?**

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Considera que estando convencido de que consume alimentos saludables aumenta su autoestima? 11) **Do you think that eating healthy food changes your life-style (frequency of eating out, friends ...)?...**

39 de 62 fragmentos

Fragmento del Manus MARCADO

**Do you think that consuming healthy food may improve your appearance?**

[Mejor coincidencia en la Web](#)

Considera que el consumo de alimentos saludables modifique su estilo de vida (frecuencia restaurante, amigos,... )? 12) **Do you think that consuming healthy food may improve your appearance? 12.**

40 de 62 fragmentos

Fragmento del Manus MARCADO

**Do you feel guilty when transgressing?**

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Considera que consumiendo alimentos saludables mejora su aspecto físico? 13) **Do you feel guilty when transgressing? 13.**

41 de 62 fragmentos

Fragmento del Manus MARCADO

**Do you think that on the market there is also unhealthy food?**

[Mejor coincidencia en la Web](#)

Se siente culpable cuando se salta su régimen? 14) **Do you think that on the market there is also unhealthy food? 14.**

42 de 62 fragmentos

Fragmento del Manus MARCADO

**At present, are you alone when having meals?**

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Cree usted que en el mercado también hay alimentos poco saludables? 15) **At present, are you alone when having meals? 15.**

43 de 62 fragmentos

The objective of this study was to investigate the validation and analysis of the psychometric properties of the ORTO-15 questionnaire for the evaluation of symptoms of orthorexia nervosa

[Mejor coincidencia en la Web](#)

The aim of this study was the validation and analysis of the psychometric properties of a Spanish translation of the ORTO-15 questionnaire; ... has been to investigate the psychometric properties of...

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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created ORTO 15, several studies have adapted this questionnaire and analyzed its psychometric characteristics in several languages. As in this case, most have had to change the initial questionnaire,...

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Since the year 2004, when Donini et al. created ORTO 15, several studies have adapted this questionnaire and have analyzed its psychometric characteristics in various languages. As in our case, most...

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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final analyzes yielded a four-factor questionnaire in the analyzed sample, consisting of 14 of the 15 test items that the ORTO-15 questionnaire contains in its original version (factor 1: Obsessive...

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This work was motivated by the need for a medical assessment tool, compatible with ON for use on the Spanish population. Our final analysis suggests a 3-factor solution in our Spanish sample, with 11...

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

46 de 62 fragmentos

that these differences in the structure and design of the test with the removal of some of the test items may happen because of socio-cultural differences between different countries regarding

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Some authors point out that these differences in the structure and layout of the test with the removal of some items, may be due to the sociocultural differences between the various countries...

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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However, authors such as Koren and Abry (2015), Brytek-Matera et al., (2014) and Missbach et al., (2015) point out that these differences as such cannot influence the structure or design of the test

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The ORTO-15 questionnaire, proposed by Donini et al. in 2005 [24], combines Bratman's questionnaire with the Minnesota Multiphasic Personality ... However, other experts point out that these...

Adaptation and validation of the Spanish version of the ORTO ... <https://europepmc.org/abstract/pmc/pmc5761893>

48 de 62 fragmentos

Fragmento del Manus MARCADO

**final** reliability in terms **of the detection of the pathology**, given that sometimes, **the** elements **that** have been **eliminated are more related to the typical symptoms of ON**, instead of **some of the...**

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However, other experts point out that these differences, as such, cannot influence the structure and/or layout of the test, nor the reliability or **final** sensitivity **of** the test regarding **the detection...**

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

49 de 62 fragmentos

Fragmento del Manus MARCADO

**the fact that this test is** self-applicable **and** does **not** necessarily take place **in the context of a clinical interview** can **make** the symptoms associated **with orthorexia nervosa or a predisposition to...**

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**The fact that this test is** self-reported **and not in the context of a clinical interview**, may **make** subjects **with orthorexia or with a predisposition to this disorder**, not want to face up **to** or...

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

50 de 62 fragmentos

Fragmento del Manus CITADO

it is remarkable **that item 15 (whether the subject eats alone or not)**, **disappears in more** social **cultures, as** is the case **of** the versions for **Turkey and Spain, where family, work and social...**

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Similarly, we find **it striking that** regarding **item 15 (whether the subject eats on his/her own or not)**, **disappears in more** sociable **cultures**, such **as** those **of Turkey and Spain, where** the **family**, the ...

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

51 de 62 fragmentos

Fragmento del Manus MARCADO

**On the other hand, it is undeniable that even in** more social **cultures such as** the Mexican, **the balance between work and family also** influences **changing eating habits, as well as** meal times **and**

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**On the other hand, it is undeniable that even in** sociable **cultures such as** our own, **the balance between work and family is also changing** the **eating habits, as well as** the timetables **and** settings of...

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

52 de 62 fragmentos

Fragmento del Manus MARCADO

**Another aspect** to be highlighted **is** about **how the different** diagnostic **criteria** for **ON** could **affect** the design **of** elements **in the tools for the**

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Other studies indicate that the symptoms of orthorexic and anorexic type eating behaviors tend to ... **Another aspect** worth highlighting **is how the different criteria** regarding the **ON** diagnosis **could...**

Gale OneFile: Health and Medicine - Document - Adaptation and ... <https://link.gale.com/apps/doc/A522513328/HRCA?u=googlescholar&sid=zotero&xid=fbfb3a6b>

53 de 62 fragmentos

Fragmento del Manus CITADO

...the evaluation or detection of the disease. Bratman (2017) **advocates** for **reaching a consensus** in order **to include the criteria that derive from changes in society with** relation to **lifestyles**

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In a recent article, Bratman does not declare being either for or against any of the proposed criteria when diagnosing ON, but rather **advocates reaching a consensus to include the criteria that derive...**

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

54 de 62 fragmentos

Fragmento del Manus MARCADO

**In this** way, he **proposes to** distinguish **between what he calls "enthusiasm for healthy eating", which has become** generalized **in** contemporary **society, and a** higher prevalence **of** beliefs and eating...

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**In this** manner, the aforementioned author **proposes to** differentiate **between what he calls “enthusiasm for eating healthy food”, which has become** widespread **in** current **society, and a** subsequent...

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

55 de 62 fragmentos

Fragmento del Manus CITADO

**item 1** in their version, while the results of this investigation include said item, which **addresses one of the most debated issues in recent times** about **this disorder in relation to** seeing **and...**

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**Item 1** **addresses one of the most debated issues in recent times** regarding **this disorder in relation to** weight watching and **counting calories**, which, although may **be recognized as a source of anxiety...**

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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Fragmento del Manus MARCADO

...with respect to obesity and its impact on health. **This should not be ignored in the detection of ON as an additional element in the obsessive rituals of these individuals.**

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Item 1 addresses one of the most debated issues in recent times regarding **this** disorder in relation to weight watching and counting calories, which, although may be recognized as a source of anxiety...

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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Fragmento del Manus MARCADO

**First** of all, it must be considered **that** the **data** was **obtained through** self-application and therefore, the **accuracy depends on** the veracity **of the** answers **and** the **willingness** of the participants **to...**

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**First**, the fact **that data** were **obtained through** self-report methods means its **accuracy depends on the** truthfulness **of the** respondents **and** their **willingness to share experiences on this sensitive topic...**

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/>

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Fragmento del Manus MARCADO

**The desire to eat healthy foods is not a disorder** in itself, **but** an **obsession** with **these foods**, along **with the loss of moderation and balance** and a **withdrawal from social life caused by this** eating ...

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**The desire to eat healthy foods is not** in itself **a disorder**, **but** the **obsession** for **these foods**, together **with the loss of moderation and balance** and the **withdrawal from life caused by this** food habit,...

Orthorexia: eating right in the context of healthism | Medical ... <https://mh.bmj.com/content/46/3/311>

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Fragmento del Manus CITADO

**However, since orthorexia involves** an alteration **of eating habits**, it should **be treated as a disorder** of **abnormal eating** behaviors associated **with** obsessive symptoms (such as **paying too much attention...**

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as well as overevaluation of shape and weight. **However, since orthorexia involves** disturbance **of eating habits** it ought to **be treated as a disorder** concerning **abnormal eating** behaviour inseparably...

Orthorexia nervosa - Archives of Psychiatry and Psychotherapy [http://www.webmail.archivespp.pl/uploads/images/2012\\_14\\_1/BrytekMatera55\\_APP1\\_2012.pdf](http://www.webmail.archivespp.pl/uploads/images/2012_14_1/BrytekMatera55_APP1_2012.pdf)

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Fragmento del Manus MARCADO

**unlike patients** affected by other **eating disorders**, **people with orthorexia tend to respond better to treatment**, precisely **because of their** concern for **health and** self-care activities. **Working with the...**

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It is also worth pointing out that **unlike** other **patients** with **eating disorders**, **people with orthorexia tend to respond better to treatment, because of** their concerns about **their health and** self-care...

Orthorexia nervosa - Archives of Psychiatry and Psychotherapy [http://www.webmail.archivespp.pl/uploads/images/2012\\_14\\_1/BrytekMatera55\\_APP1\\_2012.pdf](http://www.webmail.archivespp.pl/uploads/images/2012_14_1/BrytekMatera55_APP1_2012.pdf)

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Fragmento del Manus MARCADO

**In conclusion, the values obtained in the adaptation and** validations **of the questionnaire** for Mexican students **are acceptable. The ORTO-14-MX in Spanish could be used to evaluate the scope and...**

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**In conclusion, the values obtained in our adaptation and** validation **of the ORTO-15 questionnaire** in Spanish **are acceptable. The Spanish ORTO-11-ES could be used to evaluate the scope and comorbidity...**

Adaptation and validation of the Spanish version of the ORTO ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761893/> /

**Competing interests.**The authors declare that they have no competing interests.

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Future research in this area should identify the place for ON among mental disorders, presumably on the spectrum of eating and obsessive compulsive disorders. **Competing interests** The authors declare...

When eating healthy is not healthy: orthorexia nervosa and its ... <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3943279/>